



**2012 USA Track & Field
North Carolina Association
Junior Olympic Championships**

June 22-24, 2012

**Durham County Memorial Stadium
Durham, NC**

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Web site: www.ncusatf.org



2012 USA Track & Field North Carolina Association Junior Olympic Championships Durham, North Carolina

Date: Friday, Saturday, and Sunday - June 22-24

Site: Durham County Memorial Stadium (*DCMS*)
750 Stadium Drive
Durham, NC 27704 (Off Interstate 85, take exit 176, Duke Street North 1mile)

Eligibility: Competitors must be 2012 USATF **AGE VERIFIED** members. The top six (6) places will qualify for the Region III USATF JO Championship, Christopher Newport, VA, July 5-8.

Age Div: Age divisions are determined by year of birth.

Sub Bantam	8 & U	2004 and after*
Bantam	9-10	2002 - 2003
Midget	11-12	2000 - 2001
Youth	13 - 14	1998 - 1999
Intermediate	15 - 16	1996 - 1997
Young M/W	17 - 18	1994 - 1995**

**In order for a sub-bantam to advance to the National Junior Olympics, he/she must turn seven by December 31, 2012*

*** Athletes born in 1993 are also eligible if his/her birthday falls on or after July 30, 2012.*

Entry Fees: Athletes participating in individual and Combined-Events must pay both entry fees.

Individual	\$5.00 per each individual event
Relays	\$12.00 per relay

Combined-Events:

Triathlon/Pentathlon	\$6.00 per individual
Heptathlon/Decathlon	\$8.00 per individual

Entry Process: **Online Entry Registration:**
The Coach O online entry system, (www.coacho.com), must be used for the Junior Olympic Series beginning with the North Carolina association meet. Date of birth (DOB) verification must be completed prior to entering the association meet. ***The online entry system will not allow entry if DOB has not been verified in the membership record.*** Fees **MUST** be paid on Coach O by the deadline with a credit card after athletes are entered. **Entry deadline is Tues, June 19.**

Waivers**Participants:**

ALL athletes who participate in the USATF Junior Olympic Program must complete the [Participant Waiver & Release Form](#). This form is already integrated in the online entry system and can be completed electronically if athletes enter individually. For team entries, the form must be downloaded and completed manually. All forms must be collected and passed on to the next level of the Junior Olympic Series.

National Junior Olympics

Athletes who compete in the Junior National Championships or World Youth Championships may be entered in the National Junior Olympic meet without having to compete in the Association or Regional meet provided that they meet the Youth Athletics age limits. Acquisition and completion of the [waiver and entry form](#) to National meet must be made prior to the Regional meet via the Region 3 Coordinator; address is located on waiver info. Entry fee into the national meet must accompany waiver form.

Relays:

Relays must be entered on Coach O; relay declaration sheets will not be used as in the past.

Protest:

All protests must be filed at the protest table, **within 30 minutes** of the posting of the results of the event. A cash fee of **\$20** must be submitted when filing protest. The money will be returned if the protest is upheld. **All** coaches must abide by the USATF rules and any supplemental polices or risk disqualification of an athlete or their team.

Awards:

First through third place finishers will receive USATF medals, 4th through 6th place ribbons

Intent to Advance to Regional:

Regional qualifiers must declare on Coach O by midnight, Tuesday, June 28.

Facilities:

Eight (8) lane, all weather track. Finish Lynx timing will be used. Concession stands open during meet. No tape decks, radios or glass containers allowed in the stadium. Tents may be placed in stands in designated areas only. Only ¼", spikes or running flats will be allowed on DCMS track. No street shoes will be allowed on the track.

Packet Pick-up:

Clubs and individual athletes will be able to obtain their race related information at *DCMS* Friday, June 22, beginning at 8:00AM and Saturday, June 23 thru Sunday, June 24 from 7:00AM to 6PM.

Gate Fees:

Spectators: \$2.00 per day:

Free: **USATF Member coaches who have completed 2012 USATF background screening, participating athletes, children (under 10).**

Warm up Area: Athletes may warm up on the designated fields adjacent to the track.

Call of Events:

Each competitor should report to the Clerk of Course on first call. In the case of field events, the competitor must report to the Field Judge in charge of the event. Track events take precedence over field events however, you must report to the Field Judge first and request permission to be excused. For all events:

If an athlete is not checked in and ready to move to the track by the Final call, they will be scratched.

Rules:

USATF rules, USATF Youth Athletics Rules and any supplementary rules stated in this event announcement will be adhered to strictly.

Rule 303 will be used to form heats and determine finalist for events requiring preliminaries. As determined by the Games Committee, in events where preliminaries are run and more than 48 athletes are entered, the top 8 times will advancement to the finals.

Uniforms for the purpose of relays (Rule 302- 3{d}) All participant shall wear tops of the same color as well as shorts of a same color.

No coaches are allowed on the track or field event area except for injuries.

NC USATF JUNIOR OLYMPIC PARTICIPATING HOTELS

Hotel	Rate	Comments	Cutoff	Contact
Hampton Inn & Suites 1542 North Gregson Street Durham, NC 27701	\$89.00	Complimentary deluxe hot breakfast, complimentary high-speed wireless internet access County Stadium – 1 mile	June 1	Reservations Quentin Guichard, GM (919) 688-8880
Hilton Durham 3800 Hillsborough Road Durham, NC 27705	\$79.00	Complimentary wireless internet County Stadium – 4.5 miles	June 8	Reservation www.durham.hilton.com Group Code USATK 919-564-2904

Be sure to ask for the NC USATF Junior Olympic Championships group rate

Rates do not include applicable sales and occupancy taxes.



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Durham, North Carolina**

Schedule of Events

FRIDAY, June 22

RUNNING EVENTS

9:30 AM- Combined Events

Bantam Girls

Midget Girls

10:00 AM - 800 Meters

Finals All Divisions

2:00 PM - Racewalks

3000m Racewalk Finals IG, IB, YW, YM

3000m Racewalk Finals YG, YB

1500m Racewalk Finals BG, BB, MG MB

4:00 PM - Relay

4 x 800 Relay Finals MG, MB, YG, YB, IG, IB YW/YM

FRIDAY, June 22

FIELD EVENTS

Mini Javelin

9:00 AM SBG (300g)

10:30 AM SBB (300g)

12:00 PM BB (300g)

1:30 PM BG (300g)

3:00 PM MG (300g)

4:30 PM MB (300g)

Javelin:

3:00 PM Youth Girls (600g)

4:30 PM Youth Boys (600g)

Long Jump:

11:30AM SBB- Pit #1, SBG-Pit #2

Running Event Information

1. Qualifying from heats via USATF rules, if the number of heats dictates (7 or more), top 8 times will advance to finals.
2. If 8 or less show up for trials, they will be run as finals at that time.
3. A performance list will be posted on CoachO; live results will be posted on www.durhamstriders.com
4. All relay will be run as finals, no prelims.
5. Youngest age group first except where indicated.
6. All starting blocks and relay batons are provided. Do not bring your own.

Implements for the Throws:

Competitors may bring their personal implements for use in competition. Please have your implements inspected and weighed prior to competition at the appointed time and place. If implements have not been approved, they will not be accepted in competition

Notes: For events not contested, athletes entered will be advanced to the Region 3 meet.

SATURDAY, June 23**RUNNING EVENTS (Rolling Schedule)**

8:00 AM 3000m Run Finals
Short Hurdle Qualifying
 80m h MG/MB (30")
 100mh YG (30")
 100mh YB/IG/YW (33")
 110mh IB/YM (39")
 100m Dash Qualifying All Divisions
 400m Dash Qualifying All Divisions
 200m Dash Qualifying All Divisions
Long Hurdle Qualifying
 200m h YG/YB (30")
 400mh IG/YW (30")
 400m h IB/YM (36")
 4 x 100 Relay Finals All Divisions

FIELD EVENTS:**POLE VAULT**

9:00 AM YG/IG/YW – must provide own pole

TRIPLE JUMP

9:00 AM YB – Pit # 2 / YG Pit # 1
 10:00 AM IB – Pit # 2/IG Pit # 1
 11:00 AM YM – Pit # 2/YW Pit # 1

LONG JUMP:

1:00 PM BB -- Pit # 1/BG – Pit # 2
 3:00 MB – Pit # 1/MG – Pit # 2

HIGH JUMP

9:00 AM YM - Pit # 2
 9:00 AM BB - Pit # 1
 11:00 AM IB - Pit # 2
 11:00 AM MB - Pit # 1
 1:00 PM YB - Pit # 2

SHOT PUT:

9:00 AM YM - (12lb)
 10:30 AM IB - (12lb)
 12:00 PM YB - (4kg)
 1:30 PM MB - (6lb)
 3:00 PM BB - (6 lb)
 4:30 AM SBB - (2kg)

DISCUS

9:00 AM MG – (1kg)
 10:30 AM YG – (1kg)
 12:00 PM IG – (1kg))
 1:30 PM YW – (1kg)

JAVELIN

8:00 AM YW (600g)
 8:30 IG (600g)

SUNDAY, June 24**RUNNING EVENTS (Rolling Schedule)**

8:00 AM 1500m Run Finals All Division
 Short Hurdles Finals
 100m Dash Finals
 400 M Dash Finals
 200m Hurdle Finals
 400m Hurdle Finals
 200 m Dash Finals
 4x400m Relay Finals

FIELD EVENTS:**POLE VAULT**

9:00 AM YB/IB/YM – must provide own pole

DISCUS

9:00 AM MB (1kg)
 10:30 AM YB (1kg)
 12:00 PM IB (1.6kg)
 1:30 PM YM (1.6 kg)

HIGH JUMP

9:00 AM YW - Pit # 2
 9:00 AM BG - Pit # 1
 11:00 AM IG - Pit # 2
 11:00 AM MG - Pit # 1
 1:00 PM YG - Pit # 2

SHOT PUT

9:00 AM YW - (4kg)
 10:30 AM IG - (4kg)
 12:00 PM YG - (4kg)
 1:30 PM MG- (6lb)
 3:00 PM BG - (6 lb)
 4:30 AM SBG - (2kg)

LONG JUMP

9:00 AM YB – Pit # 2 / YG Pit # 1
 11:00 AM IB – Pit # 2/IG Pit # 1
 1:00 PM YM – Pit # 2/YW Pit # 1

JAVELIN

8:00 AM YM (800g)
 8:30 AM IB (800g)