



## Track & Field Meet



**Friday July 18 – Sunday July 20, 2014**  
**Durham County Memorial Stadium**  
**750 Stadium Drive**  
**Durham, NC 27704**

**ELIGIBILITY:** Open to any athlete that falls within the age divisions listed below. The maximum event entry limit for this meet is four events for age groups 14-15 thru 17-18. Athletes in age groups 8&U thru 11-12 can only compete in a maximum of three events, including relays.

**AGE DIV.:** Age divisions are determined by year of birth, i.e., their age on Dec. 31, 2014.

<u>Age Division</u>	<u>Year of Birth</u>
8 & Under	2006 and after
9 – 10	2004 – 2005
11 – 12	2002 – 2003
13 – 14	2000 – 2001
15 – 16	1998 – 1999
17 – 18	1996 – 1997 and 1995 if date of birth is after July 27, 2014

An athlete must compete in his/her age division only.

**ENTRY INFO:** Entries and changes can only be made *on-line* at [CoachO.com](http://CoachO.com) If you are unfamiliar with [CoachO.com](http://CoachO.com) on-line meet entry process, click on Calendar and choose meet. On-line meet entry for the Blunt ECI will be available from mid April until the deadline, July 11. Performance list and time schedule will be placed on [www.durhamstriders.com](http://www.durhamstriders.com) by July 13. No faxed or mailed entries will be accepted. No entry fee will be transferred or refunded. *Bring a legible copy of a birth certificate or proof of age for each athlete entered; do not send in advance.*

There is no entry fee for Mothers/Fathers/Coaches relays; for these relays must be done at package pickup no later than July 19.

**Deadline:** Athletes must be entered by midnight Friday, July 11

**Fees:** \$10.00 per individual event      \$25 per relay event

**PAYMENT:** By credit card - Pay on line at CoachO.com by the deadline by charging to VISA or MasterCard

By mail - Certified checks or money orders only. *Personal or club checks will not be accepted, Fees must be received, not postmarked by the entry deadline.*

Mail fees payable to: Durham Striders  
PO Box 15758  
Durham, NC 27704

- RELAYS:** A maximum of 2 relay teams, 'A' and 'B', per event per age division will be allowed. Four (4) members and two (2) alternates may be entered per relay. Relay entries count towards event maximums. Relay uniforms must conform to 2014 USATF rules.
- AWARDS:** The top six finishers in each event will receive awards. Team awards will be presented to the top point winners in the overall team, overall male/female team, and the top point winners in the overall male/female for each age group. First place relay teams members will receive a *Championship Baton*. Outstanding Athlete Award for each age division. *THE RUSSELL E. BLUNT AWARD* to the winning 17-18 male/female in the 800 meters.
- EQUIPMENT:** Athletes must use the starting blocks and batons provided by the meet. Throwers must provide their own implement. Throwing implements will be weighed in designated area on Friday from 8:30-10:00 a.m., on Saturday from 8:00-10:00 a.m. and 2:00-3:00 p.m., on Sunday from 8:00-9:30 am and 11:30 a.m. - 1:00 p.m.
- SPONSORS:** Durham Striders Track Club, Inc., 9th Street Active Feet (Durham)
- SANCTION:** USATF (You do not have to be a member of USATF to compete)
- RULES:** 2014 USATF rules of competition will apply.
- PROTESTS:** All protests must be filed at the protest table by the coach or the individual competitor, if not competing for a club. A parent may file for an unattached runner. All coaches MUST abide by the USATF rules and any supplemental rules or risk disqualification of an athlete or their team. A *CASH* fee of \$50.00 must be submitted when filing a protest. The money will be returned if the protest is upheld.
- COMPETITOR NUMBERS:** Competitor numbers must be worn on front of uniform. A \$5 fee will be charged to replace lost number.
- FACILITIES:** 400 meter all-weather track. Only ¼" or less spikes allowed. FinishLynx timing. Concession stands open during meet. No tape decks, radios or glass containers allowed in the stadium. Tents and/or umbrellas will be allowed in designated areas of the stadium.
- Team packets will be available at the track from 6:30 p.m. to 8:30 p.m., Thursday, July 17 or after 8:00 a.m. Friday.
- HOST HOTEL:** [Homewood Suites by Hilton](#)  
Raleigh/Durham Airport  
4603 Central Park Drive  
Durham, NC 27703
- MEET DIRECTOR:** Frank W. Davis, Jr. – ([blunteci@durhamstriders.com](mailto:blunteci@durhamstriders.com))
- WEBSITE:** [www.durhamstriders.com](http://www.durhamstriders.com)

### 2014 BLUNT E.C.I – EVENTS OFFERED (X)

Events	<u>8&amp;Under</u>		<u>9-10</u>		<u>11-12</u>		<u>13-14</u>		<u>15-16</u>		<u>17-18</u>	
	<u>Girls</u>	<u>Boys</u>	<u>Girls</u>	<u>Boys</u>	<u>Girls</u>	<u>Boys</u>	<u>Girls</u>	<u>Boys</u>	<u>Girls</u>	<u>Boys</u>	<u>Women</u>	<u>Men</u>
100	X	X	X	X	X	X	X	X	X	X	X	X
200	X	X	X	X	X	X	X	X	X	X	X	X
400	X	X	X	X	X	X	X	X	X	X	X	X
800	X	X	X	X	X	X	X	X	X	X	X	X
1500	X	X	X	X	X	X	X	X	X	X	X	X
3000	-----				X	X	X	X	X	X	X	X
High Hurdles	-----				80/30"	80/30"	100/30"	100/33"	100/33"	110/39"	100/33"	110/39"
Inter. Hurdles	-----	-----	-----	-----	-----	-----	200/30"	200/30"	400/30"	400/36"	400/30"	400/36"
4X100	X	X	X	X	X	X	X	X	X	X	X	X
4X400	X	X	X	X	X	X	X	X	X	X	X	X
4x800	-----	-----	-----	-----	X	X	X	X	X	X	X	X
LJ		X	X	X	X	X	X	X	X	X	X	X
TJ	-----	-----	-----	-----	-----	-----	X	X	X	X	X	X
HJ *	-----	-----	X	X	X	X	X	X	X	X	X	X
Pole Vault							X	X	X	X	X	X
Shot Put *	2kg	2kg	6lbs	6lb	6 lb.	6 lb.	6 lb	4 kg	4 kg	12 lbs	4 kg	12 lb
Discus **	-----	-----	-----	-----	1kg	1kg	1kg	1kg	21kg	1.6kg	1kg	1.6kg
Mini Jav	300g	300g	300g	300g	300g	300g	-----	-----	-----	-----	-----	-----
Javelin	-----	-----	-----	-----	-----	-----	600g	600g	600g	800g	600g	800g

### Starting Heights and Minimum "Distances to Measure" (In Meters)

Events	<u>8&amp;Under</u>		<u>9-10</u>		<u>11-12</u>		<u>13-14</u>		<u>15-16</u>		<u>17-18</u>	
	<u>Girls</u>	<u>Boys</u>	<u>Girls</u>	<u>Boys</u>	<u>Girls</u>	<u>Boys</u>	<u>Girls</u>	<u>Boys</u>	<u>Girls</u>	<u>Boys</u>	<u>Women</u>	<u>Men</u>
LJ	1.92	2.40	3.10	3.45	3.80	4.00	4.30	4.90	4.60m	5.45'	4.80	6.00m
TJ	-----	-----	-----	-----	-----	-----	8.80	9.50	9.65	11.20	10.40	12.70
HJ	-----	-----	.95	1.00	1.15	1.20	1.30	1.45	1.25	1.65	1.35	1.70
Pole Vault							1.85	2.25	1.10	3.25	2.50	3.80
Shot Put	2.40	2.65	5.10	5.95	7.40	8.80	10.00	10.90	9.50	11.90	10.20	13.20
	2kg	2kg	6lbs	6lb	6 lb	6 lb	6 lb	4 kg	4 kg	12 lbs	4 kg	12 lb
Discus	-----	-----	-----	-----	14.50	19.00	24.50	32.00	28.50	36.50	32.00	41.50
					1kg	1kg	1kg	1kg	1kg	1.6kg	1kg	1.6kg
Mini Jav	6.00	9.00	11.00	19.50	16.00	24.50	-----	-----	-----	-----	-----	-----
	300g	300g	300g	300g	300g	300g						
Javelin	-----	-----	-----	-----	-----	-----	20.00	30.50	23.50	37.00	25.00	40.50
							600g	600g	600g	800g	600g	800g

## Schedule of Events

*Final time schedule will be posted on website after entries are received*

### RUNNING EVENTS:

Friday, July 19	Saturday, July 20	Sunday, July 21 - (All Finals)
<u>10:00 am</u>	<u>9:00 am</u>	<u>9:00 am - 6:30 pm</u>
3000 M Run (Final)	1500 M Run (Final)	800 M Run
200 M Hurdles (Final)	80 M Hurdles (Semis)	Mothers/Fathers/Coaches 4 X 100 Relays
400 M Int. Hurdles (Final)	100 M Hurdles (Semis)	Opening Ceremonies
4 X 800 M Relay (Finals)	110 M Hurdles (Semis)	80 M Hurdles
200 M Dash (Trial)	100 M Dash (Trials)	100 M Hurdles
4 X 400 M Relay (Semi)	100 M Dash (Semis)	110 M Hurdles
	400 M Dash (Semis)	100 M Dash
	200 M Dash (Semis)	400 M Dash
	4 X 100 M Relay (Semis)	200 M Dash
		Outstanding Athlete Awards
		4 X 100 M Relay
		4 X 400 M Relay
		Team Awards

### FIELD EVENTS:

Note: For safety reasons, the Javelin will start at 8:00am on Friday to be completed by 10:00am.

Friday	Saturday	Sunday- (All Finals)
<u>10:00 am</u>	<u>8:30 am</u>	<u>8:30 am - 6:30 pm</u>
High Jump (9-10, 11-12)	High Jump (13-14)	Shot put (Young M/W)
Triple Jump (13-14, 15-16, 17-18)	Long Jump (13-14, 15-16, 17-18)	High Jump (15-16, 17-18)
Pole Vault (All)	Discus (13-14, 15-16)	Long Jump (8&U, 9-10, 11-12)
Shot Put (8&U, 9-10, 11-12)	Shot Put (13-14, 15-16)	Discus (17-18)
Javelin (13-14, 15-16, 17-18), Starts at 8:00 am	Mini Javelin (8&U, 9-10, 11-12)	
Discus (Midget)		

## 2014 RUSSELL E. BLUNT ECI PARTICIPATING HOTELS

Hotel	Rate	Comments	Cutoff	Contact
<a href="#"><u>Homewood Suites by Hilton</u></a> Raleigh/Durham Airport 4603 Central Park Drive Durham, NC 27703	Thurs \$99.00 Fri-Sat \$89.00	Complimentary full hot breakfast buffet, complimentary high speed internet service and an outdoor pool. DCMS – 12 miles	June 17	Reservations Kristen Pulliam Sales and Services Coordinator (919) 474-9900
<a href="#"><u>Holiday Inn Express</u></a> 2516 Guess Rd Durham NC 27705	\$89.00	Complimentary deluxe hot breakfast, complimentary high-speed wireless internet access DCMS – 2 mile	June 20	Reservations (919) 313-3244 Cathy Rector Regional Director of Sales
Hampton Inn & Suites 1542 North Gregson Street Durham, NC 27701	\$99.00	Complimentary deluxe hot breakfast, complimentary high-speed wireless internet access D – 1 mile	June 20	Reservations (919) 688-8880 Cathy Rector Regional Director of Sales
<a href="#"><u>Marriott at Research Triangle Park</u></a> 4700 Guardian Drive Durham, NC 27703	\$89.00	Full hot breakfast for 2 people and complimentary internet DCMS – 12 miles	July 4	Reservations Kolleen Vincent Sales Manager (919) 941-6200
<a href="#"><u>Courtyard by Marriott</u></a> 1815 Front Street Durham, NC 27705	\$89.00	Complimentary continental breakfast DCMS – 2 miles	June 13	Reservations Carrie Meade, Director of Sales (919) 309-1500
SpringHill Suites by Marriott Durham/Chapel Hill 5310 McFarland Drive Durham, NC 27707	\$99.00	Complimentary breakfast & internet DCMS – 8 miles	June 25	Reservations (919) 403-1111 Laura Pelletier
<a href="#"><u>LaQuinta Inn &amp; Suites</u></a> Durham Chapel Hill 4414 Durham Chapel Hill Boulevard Durham, NC 27707	\$89.00	Complimentary breakfast & internet DCMS – 4 miles	June 20	Reservations (919) 401-9660

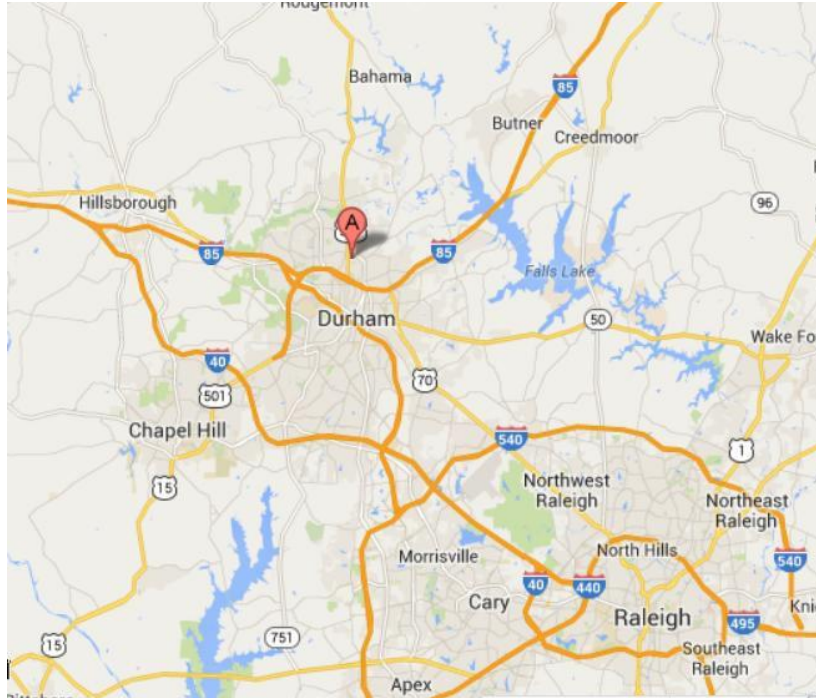
Rates do not include applicable sales and occupancy taxes.

**Be sure to ask for the Russell E. Blunt ECI group rate**

Rates do not include applicable sales and occupancy taxes.

## Directions to the **DURHAM COUNTY MEMORIAL STADIUM**

750 Stadium Drive  
Durham, NC 27701



### **From Greensboro: (40 East/ North 85 Business)**

Travel on Interstate 85 North into Durham toward Burlington/Durham. Once in Durham take exit 176B on right and merge onto US-501 North/ North Duke Street. After one and a half miles take a right onto Stadium Drive, Stadium is on the left.

### **From Virginia (I-85 South)**

Merge onto I-85 S via the ramp to Durham, NC Take exit 176 for U.S. 501 North/ North Duke Street. Turn right onto US-501 North/ N. Duke Street, continue one and a half miles, take a right onto Stadium Drive and Stadium is located on the left.

### **From Southwest Raleigh**

Merge onto I-40 West toward I-440 North. Take exit 279B for N Carolina 147 North toward Durham/Downtown (approximately 21 miles) Merge onto NC-147 N (go approximately 7 miles). Exit onto South Duke Street, keep left, and continue on North Duke Street. Stay on N. Duke Street four miles Turn right onto Stadium Drive and Stadium is on the left.

### **From North Raleigh**

Proceed onto I-540 West. Take exit 4B to onto US-70 W/Glenwood Ave toward Durham Continue to follow US-70 W (go approximately 10 miles). Keep left at the fork; follow signs for US-15 S/US-70 W/ Greensboro/ I-85 South and merge onto I-85 S/US- 15 S/US-70 W. Take exit 176 (to the right) for U.S. 501 N/ Duke Street Turn right onto US-501 N/N/Duke Street. Go approximately one and one half miles turn right onto Stadium Drive Stadium is located on the left.