

2015 DURHAM STRIDERS DEVELOPMENTAL
Invitational
Track & Field Meet



Saturday – May 28, 2016
Durham County Memorial Stadium
750 Stadium Drive
Durham, NC 27701

ELIGIBILITY: Open to any athlete that falls within the age divisions listed below. The maximum event entry limit for this meet is four for all age groups except 6&U. Athletes in age groups 8&U thru 11-12 can only compete in a maximum of three running events, including relays; their fourth event must be a field event. Athletes 6&U can only compete in the 100m and 400m.

AGE DIV.: Age divisions are determined by year of birth, i.e., their age on Dec. 31, 2016.

<u>Age Division</u>	<u>Year of Birth</u>
8 & Under	2008 and after
9 – 10	2006 – 2007
11 – 12	2004 – 2005
13 – 14	2002 – 2003
15 – 16	2000 – 2001
17 – 18	1998– 1999 and 1997 if date of birth is on or after August 1, 2016

An athlete must compete in his/her age division only.

ENTRY INFO: Entries and changes can only be made *on-line* at Coacho.com. The entry deadline is midnight, Wednesday, May 25. Faxed, e-mailed, phone entries or changes will not be accepted. Athletes will **NOT** be allowed to enter at the meet. *There are no qualifying standards but, please enter seed performances to assure that your better athletes will compete in representative heats.*

Deadline: Athletes must be entered by midnight **Wed, May 25**

Fees: \$3.00 per individual event \$5 per relay event

PAYMENT: By credit card - Pay on line at CoachO.com by the deadline by charging to VISA or MasterCard

By mail - Certified checks or money orders only. *Personal or club checks will not be accepted, Fees must be received, not postmarked by the entry deadline.*

Mail fees payable to: Durham Striders
PO Box 15758
Durham, NC 27704

RELAYS: A maximum of 2 relay teams, 'A' and 'B', per event per age division will be allowed. Four (4) members and two (2) alternates may be entered per relay. Relay entries count towards event maximums. Relay uniforms must conform to 2016 USATF rules.

AWARDS: The top six finishers in each event will receive ribbons

EQUIPMENT: Athletes must use the starting blocks provided by the meet. Throwers must provide their own implement. Throwing implements will be weighed at the event.

HOST: Durham Striders Youth Association

RULES: 2016 USATF rules of competition will apply.

PROTESTS: All protests must be filed at the protest table by the coach or the individual competitor, if not competing for a club. A parent may file for an unattached runner. A **CASH** fee of \$25.00 must be submitted when filing a protest. The money will be returned if the protest is upheld.

FACILITIES: 400-meter all-weather track. Only 1/4" or less spikes allowed. FinishLynx timing. Concession stands open during meet. No tape decks, radios or glass containers allowed in the stadium. Tents and/or umbrellas will be allowed in designated areas of the stadium.

MEET DIRECTOR: Frank W. Davis, Jr. (dstmeets@durhamstriders.com)

EVENTS OFFERED (Meters)

Events	6&U		7-8		9-10		11-12		13-14		15-16		17-18	
	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Women	Men
100	X	X	X	X	X	X	X	X	X	X	X	X	X	X
400	X	X	X	X	X	X	X	X	X	X	X	X	X	X
800	----	----	X	X	X	X	X	X	X	X	X	X	X	X
1500	----	----	X	X	X	X	X	X	X	X	X	X	X	X
H Hurdles	----	----	----	----	----	----	X	X	X	X	X	X	X	X
4X100	----	----	X	X	X	X	X	X	X	X	X	X	X	X
LJ	----	----	X	X	X	X	X	X	X	X	X	X	X	X
TJ	----	----	----	----	----	----	----	----	X	X	X	X	X	X
HJ (Start)	----	----	----	----	(0.90)	(0.96)	(1.0)	(1.16)	(1.20)	(1.40)	(1.30)	(1.70)	(1.30)	(1.70)
Shot Put	----	----	X	X	X	X	X	X	X	X	X	X	X	X
Discus	----	----	----	----	----	----	X	X-	X	X	X	X	X	X
Mini Jav			X	X	X	X	X	X	----	----	----	----	----	----

X = EVENT OFFERED IN AGE DIVISION

SCHEDULE OF EVENTS

RUNNING EVENTS: (ALL FINALS) (9:00 a.m. (Rolling Schedule)

- 1500 Meter Run
- 80/100/110 Hurdles
- 100 Meter Dash
- 400 Meter Dash
- 800 Meter Run
- 4 x 100 Meter Relay

FIELD EVENTS: (9:00 a.m.)

- Long Jump (17-18 Down)
- High Jump (9-10 Up)
- Triple Jump - Follows Long Jump
- Shot-put (8&U Up)
- Discus (17-18 Down)
- Mini Javelin (8&U Up)

In all field events, competitors will be allowed three (3) attempts ONLY.